# Sunday 23 March 2025

The Third Sunday in Lent Weekly Notices



# Today's Services

8.00am Holy Eucharist [1984]

9.00am Holy Eucharist [2004]

11.00am Choral Eucharist

Missa Brevis [K, S, B, A] Sir John Rutter

View me, Lord Lloyd

Vivace from Sonata in D minor BWV 527 J. S. Bach

4.00pm Choral Evensong with Mothers' Union Triennial Commissioning Ceremony

Ayleward Responses

Sumsion in G

Away, vain world Bob Chilcott Choral No. 3 in A minor Franck



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A collection is taken during this service. If you are a UK tax payer, please consider using the Gift-Aid envelopes, as this enables us to claim an extra 25% on each donation. You can also donate by using the contactless giving devices located around the building, or via Text as follows:



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You can also donate by scanning the QR code:



## The Collect of the Day

Almighty God, whose most dear Son went not up to joy but first he suffered pain, and entered not into glory before he was crucified: mercifully grant that we, walking in the way of the cross, may find it none other than the way of life and peace; through Jesus Christ your Son our Lord, who is alive and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

## The Post-Communion Prayer

We beseech you, almighty God, look upon the heartfelt desires of your humble servants, and stretch forth the right hand of your majesty, to be our defence against all our enemies; through Jesus Christ our Lord. Amen.

The First Reading

A reading from the Book of the prophet Isaiah:

Ho, everyone who thirsts, come to the waters; and you that have no money, come, buy and eat!

Come, buy wine and milk

without money and without price.

Why do you spend your money for that which is not bread, and your labour for that which does not satisfy?

Listen carefully to me, and eat what is good, and delight yourselves in rich food.

Incline your ear, and come to me;

listen, so that you may live.

I will make with you an everlasting covenant,

my steadfast, sure love for David.

See, I made him a witness to the peoples, a leader and commander for the peoples.

See, you shall call nations that you do not know,

and nations that do not know you shall run to you,

because of the Lord your God, the Holy One of Israel,

for he has glorified you.

Seek the Lord while he may be found,

call upon him while he is near;

let the wicked forsake their way,

and the unrighteous their thoughts;

let them return to the Lord, that he may have mercy on them,

and to our God, for he will abundantly pardon.

For my thoughts are not your thoughts,

nor are your ways my ways, says the Lord.

For as the heavens are higher than the earth,

so are my ways higher than your ways and my thoughts than your thoughts.

This is the word of the Lord.

Thanks be to God.

Isaiah 55.1–9

O God thou art my God: right early will I seek thee.

# My soul thirsteth for thee, my flesh also longeth after thee: as in a barren and dry land where no water is.

Thus have I looked upon thee in thy holy place: that I might behold thy power and glory.

# Because thy loving-kindness is better than life itself: therefore my lips shall give thee praise.

As long as I live will I magnify thee: and lift up my hands in thy name.

# My soul is satisfied, even as it were with marrow and fatness: when my mouth praiseth thee with joyful lips.

When I remember thee upon my bed: and think of thee in the watches of the night,

How that thou hast been my helper: and under the shadow of thy wings have I found refuge.

Psalm 63. 1-8

The Second Reading

A reading from the First Letter of St Paul to the Corinthians:

I do not want you to be unaware, brothers and sisters, that our ancestors were all under the cloud, and all passed through the sea, and all were baptized into Moses in the cloud and in the sea, and all ate the same spiritual food, and all drank the same spiritual drink. For they drank from the spiritual rock that followed them, and the rock was Christ. Nevertheless, God was not pleased with most of them, and they were struck down in the wilderness.

Now these things occurred as examples for us, so that we might not desire evil as they did. Do not become idolaters as some of them did; as it is written, 'The people sat down to eat and drink, and they rose up to play.' We must not indulge in sexual immorality as some of them did, and twenty-three thousand fell in a single day. We must not put Christ to the test, as some of them did, and were destroyed by serpents. And do not complain as some of them did, and were destroyed by the destroyer. These things happened to them to serve as an example, and they were written down to instruct us, on whom the ends of the ages have come. So if you think you are standing, watch out that you do not fall. No testing has overtaken you that is not common to everyone. God is faithful, and he will not let you be tested beyond your strength, but with the testing he will also provide the way out so that you may be able to endure it.

1 Corinthians 10. 1-13

This is the word of the Lord.

Thanks be to God.

Listen to the Gospel of Christ according to Saint Luke.



At that very time there were some present who told him about the Galileans whose blood Pilate had mingled with their sacrifices. He asked them, 'Do you think that because these Galileans suffered in this way they were worse sinners than all other Galileans? No, I tell you; but unless you repent, you will all perish as they did. Or those eighteen who were killed when the tower of Siloam fell on them—do you think that they were worse offenders than all the others living in Jerusalem? No, I tell you; but unless you repent, you will all perish just as they did.'

Then he told this parable: 'A man had a fig tree planted in his vineyard; and he came looking for fruit on it and found none. So he said to the gardener, "See here! For three years I have come looking for fruit on this fig tree, and still I find none. Cut it down! Why should it be wasting the soil?" He replied, "Sir, let it alone for one more year, until I dig round it and put manure on it. If it bears fruit next year, well and good; but if not, you can cut it down."

Luke 13.1-9

This is the Gospel of the Lord.



### WEEKLY NOTICES

**Lent Appeal 2025**—There can be few things more devastating than the sudden death of a child or young person. The Charity **2wish** offers immediate and ongoing support to anyone who has experienced such a terrible event to ensure that they receive whatever bereavement support they need.

The charity works with anyone affected, including immediate family, extended family, friends, colleagues, professionals, and witnesses. Every case is different, and the charity strives to provide support that is tailored for the individual needs of each, offering a range of support. This includes contacting families within 24-48 hours and providing on-going counselling, therapies, support groups, residential weekends and monthly events. The charity is based in Llantrisant, but works Wales-wide, so it is be able to offer easily-accessible support to anyone living in Wales. It has been chosen for our Lent Appeal by the LCCC from a shortlist compiled by the YCC,, and we hope that you will be able to offer it your customary generous support. You can donate online or by QR codes (both on the Charities Table) or by cash or cheque (payable to 2wish) in envelopes which will be distributed on Sunday 23rd for collection on Sundays 30th March and April 6th. Thank you!

**Guild of St Teilo**—Our next meeting will be held at 2pm on Monday 24th March in the Parish Hall. Our speaker is Jane Fenwick and she will share with us her days as an Anglican priest in St Helena & the Ascension Islands. Visitors are always welcome to join our members for the afternoon.

Join us as we journey towards an EcoChurch Gold award... Llandaf Cathedral received the Silver award this week! We are eager to proceed to the next level. Each week we will update you on the progress we are making and highlighting ways that you can join with us to care for God's creation. St. David said 'Be joyful, keep the faith, and do the little things...'. A little thing you can do this week: Become a Wild Christian! — At Llandaff Cathedral we recognise that creation care is an integral part of our Christian mission. A Rocha's Wild Christian programme is for individuals and families who want to enjoy and learn about nature together, take practical action at home and in their local areas, and join with other voices for national impact. The programme offers opportunities to connect with others passionate about caring for creation. Their events and regular email will help you explore some of the critical challenges around climate and biodiversity. Sign up, and they will help you enjoy, nurture and defend nature—https://arocha.org.uk/wild-christian/

**Lent Lunches**—Our series of Lent Lunches continues on Monday 24th March. Join us for a Eucharist at 12.00pm followed by a Lunch in Prebendal House at 12.30pm. Each week lunch will be provided by a volunteer group from the Cathedral community. On Monday 24th March we welcome the Grace Café group at St John's.

Please note that on Monday 31st March, the Eucharist & Lent Lunch will take place in the Parish Hall. Entry is by a minimum £5 donation, which goes towards our Lent Appeal charity, 2Wish.

The Friends of Llandaff Cathedral invite you to join them at Paul Kirner's Music Palace at 2pm on Saturday 10th May. This will be a fun-filled afternoon including a mini recital followed by afternoon tea and a silent movie with organ accompaniment. Tickets are £25 for members and £28 for non-members. Please pay direct to Friends of Llandaff Cathedral at Lloyds Bank, Sort Code 30-96-26, Account 77222626 and state your surname in the reference followed by 'YNYSHIR' so we know who has booked. If you are unable to book online, please send a cheque payable to Friends of Llandaff Cathedral, with your contact details, to Mr David-Lloyd Jones, c/o 47 Cefn Road, Cefn Cribwr, Bridgend, CF32 0BA. If you have any dietary requirements please let David-Lloyd know at davidlloyd.jones@btinternet.com. Bookings must be paid in advance before 7th May.

**Prayers for the sick** – Prayer intentions for the sick: this list is now based on the requests sent in via this form: <a href="https://llandaffcathedral.churchsuite.com/forms/wy58qy6m">https://llandaffcathedral.churchsuite.com/forms/wy58qy6m</a> which is also available on paper from the Cathedral office. Each name remains on the list for 8 weeks and this time can be extended by re-submitting the form or emailing the Office.

Asking for a blessing instead of receiving the bread and wine? If you have been baptised/christened in any church, you are welcome to receive Holy Communion at the Cathedral. If you are

not baptised and/or confirmed, do get in touch if you are interested in thinking about this. You might like to try our course 'Explore the Faith' which is suitable for those enquiring about the faith, as a refresher, or as a preparation for confirmation. Contact Canon |an to find out more.

School references for Llandaff City Church in Wales Primary School: Parents needing a church reference for their child's application should please email Canon Jan (<a href="mailto:chancellor@llandaffcathedral.org.uk">chancellor@llandaffcathedral.org.uk</a>) with an outline of their and their child's involvement at the Cathedral over at least the last 2 years. This information will be helpful alongside our own attendance records.

Music and Choirs – Majestas Kids, our music group for children aged 6-13 is led by. Rachel Kilby, our Music Animateur, and meets on Saturdays in term time from 10-11am. Rachel inspires children to explore their musical talents through games, singing and work with instruments. If you'd like more information, or would like to sign your child(ren) up to join, please contact Rachel at rachelkilby@llandaffcathedral.org.uk

Majestas Youth Choir, a group for 13-18 year olds, recently sang their first service in the Cathedral. This un-auditioned choir who meet on a sessional basis is a great way to experience singing with other young people in a professional context., If you would like further information about the next Majestas Youth engagement or about any other events happening in the music department, please email us at music@llandaffcathedral.org.uk.

The 'Anniversary of Death' List – If your loved one's funeral was held at the Cathedral, and/or their ashes are interred in our Garden of Remembrance, their name can be included in the prayers on the anniversary of their death, and/or in the Book of Remembrance, by request from next of kin using this form: <a href="https://llandaffcathedral.online/remembrance-form">https://llandaffcathedral.online/remembrance-form</a>

**Join the Friends of Llandaff Cathedral** – The Friends are an independent charity founded to provide invaluable support to the Cathedral's life; its fabric, music and heritage. Information about projects and membership can be found at www.llandafffriends.org.uk

The deadline for submissions for the Weekly Notes is 9am on Thursday each week.

Please send any notices to admin@llandaffcathedral.org.uk

## THE WEEKLY PRAYER INTENTIONS

### Those who are currently sick and have asked for prayer:

Carolyn Ienkins, Huw Iames, Charles & Alison Lewis, Octavia Allen-Davies, Philip Morris, Girija Teli, Paul Madley, Nicky James, Johanna Foley, Canon Ian Yemm

## Those for whom we wish to pray, including those who are housebound and those whose need for prayer is long-term, among them:

Beryl Baldwin, Sid Baldwin, Megan Pugh, Bettie Williams

#### Those who have died recently:

#### Those whose anniversary of death falls this week:

| 23rd March | Lee Fralick, Anthony F | Roy Head, Y | vonne Alice John, | John Charles | s Baldwin (Priest) |
|------------|------------------------|-------------|-------------------|--------------|--------------------|
|------------|------------------------|-------------|-------------------|--------------|--------------------|

Gwyneth Appleton, Averill Eluned Matthews 24th March

25th March Thelma Evans, Robert Ernest Wines, Ken Mathias

26th March Dodie Jones, Terry Spiller, Sheila Jones, Phyllis Joan Farrow

27th March Ellen Eleanor Alice Firth

28th March Elsie Vida Lambert, Jean Davies, Pamel Bushnell-Wye, Arthur Russell Bailey

29th March Glenys Audrey Knight-Smith, Josephine Emily Anne Whitehouse, Emily Maud Phelps

### The Cycle of Prayer for this week in the Anglican Communion, this Diocese and in the Cathedral Community:

Sunday The Anglican Church of Central America | Ministry Area of Cynon Valley

Mothers' Union

Monday The Diocese of Maper (South Sudan) | Cynon Uchaf Ministry Area

Guild of St Teilo

The Diocese of Mara (Tanzania) | Bridgend Deanery Christian Aid Team Tuesday

Wednesday The Diocese of Maralal (Kenya) | Llynfi & Upper Afan Valleys Ministry Area

'Grace' homeless café at St John's

The Diocese of Marathwada (North India) | Penybont ar Ogwr Ministry Area **Thursday** 

Charities we support, inc. Christian Aid, Émbrace the Middle East, Ifamilycardiff

Friday The Diocese of Maridi (South Sudan) | Margam Ministry Area

Llandaff Cathedral Choral Society

Saturday The Diocese of Marsabit (Kenya) | Diocesan Board of Finance

Cathedral Kids Toddler Group

#### SERVICES THIS WEEK

| Monday 24 March<br>Oscar Romero                      | 8.00am<br>5.30pm            | Holy Eucharist<br>Choral Evensong on the eve of the Annunciation |
|--|-----------------------------|--|
| <b>Tuesday 25 March</b> The Annunciation of our Lord | 8.00am<br>9.30am<br>5.30pm  | Holy Eucharist<br>Holy Eucharist<br>Choral Evensong              |
| Wednesday 26 March                                   | 8.00am<br>5.30pm            | Holy Eucharist<br>Choral Evensong                                |
| Thursday 27 March                                    | 8.00am<br>9.30am<br>5.30pm  | Holy Eucharist<br>Cymun Bendigaid<br>Choral Evensong             |
| Friday 28 March                                      | 8.00am<br>5.30pm            | Holy Eucharist<br>Choral Evensong                                |
| Saturday 29 March<br>Woolos                          | 8.00am<br>5.30pm            | Holy Eucharist<br>Evening Prayer                                 |
| Sunday 30 March The Fourth Sunday of Lent            | 8.00am<br>9.00am<br>11.00am | Holy Eucharist [1984]<br>Holy Eucharist<br>Choral Eucharist      |
| Mothering Sunday                                     | 4.00pm                      | Choral Evensong  |

The Dean The Very Rev'd Dr. Jason Bray

thedean@llandaffcathedral.org.uk

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Safeguarding Officers Provincial Safeguarding Officer (Contact with any safeguarding concerns):

Sharon Ahearn | sharonahearn@churchinwales.org.uk | 07301 041937

Cathedral Safeguarding Officer (Contact with safeguarding procedural questions):

Kath MacDonald | kjmacdonald1@hotmail.co.uk | 07484 329101

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