

Sunday 20 October 2024

The Twenty-First Sunday after Trinity

Weekly Notices

C A D E I R L A N
LLANDAF
C A T H E D R A L



Today's Services

- 8.00am **Holy Eucharist** [1984]
- 9.00am **Holy Eucharist** [2004]
- 11.00am **Choral Eucharist**
Communion Service in E 'Collegium Regale' *Darke*
Exultate, justi *Viadana*
- 4.00pm **Choral Evensong**
The dutious day now closeth *Bach arr. Isaac*
Paul Spicer Responses
Noble in B minor
Faire is the heaven *Harris*
- 6.00pm **Taizé Prayer**



Scan the QR code to read our
E - Newsletter



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A collection is taken during this service. If you are a UK tax payer, please consider using the Gift-Aid envelopes, as this enables us to claim an extra 25% on each donation. You can also donate by using the contactless giving devices located around the building, or via Text as follows:



To donate £5 text LLANDAFF to 70970
To donate £10 text LLANDAFF to 70191
Texts will be charged at your usual network rate.
For all Terms and Conditions, please visit
platform.nationalfundingscheme.org/terms-and-conditions

You can also donate by scanning the QR code:



The Collect of the Day

§ at the 8.00am Holy Eucharist:

Almighty and everlasting God, mercifully look upon our infirmities, and in all our dangers and necessities stretch forth thy right hand to help and defend us; through Jesus Christ our Lord.

§ at the 9.00am Holy Eucharist and the 11.00am Choral Eucharist:

Grant, we beseech you, merciful Lord, to your faithful people pardon and peace, that they may be cleansed from all their sins and serve you with a quiet mind; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

The Post-Communion Prayer

Father of light, in whom is no change or shadow of turning, you give us every good and perfect gift and have brought us to birth by your word of truth: may we be a living sign of that kingdom where your whole creation will be made perfect in Jesus Christ our Lord.

The First Reading

A reading from the prophet Isaiah.

Surely he has borne our infirmities
and carried our diseases;
yet we accounted him stricken,
struck down by God, and afflicted.
But he was wounded for our transgressions,
crushed for our iniquities;
upon him was the punishment that made us whole,
and by his bruises we are healed.
All we like sheep have gone astray;
we have all turned to our own way,
and the Lord has laid on him
the iniquity of us all.
He was oppressed, and he was afflicted,
yet he did not open his mouth;
like a lamb that is led to the slaughter,
and like a sheep that before its shearers is silent,
so he did not open his mouth.
By a perversion of justice he was taken away.
Who could have imagined his future?
For he was cut off from the land of the living,
stricken for the transgression of my people.
They made his grave with the wicked
and his tomb with the rich,

although he had done no violence,
and there was no deceit in his mouth.
Yet it was the will of the Lord to crush him with pain.
When you make his life an offering for sin,
he shall see his offspring, and shall prolong his days;
through him the will of the Lord shall prosper.
Out of his anguish he shall see light;
he shall find satisfaction through his knowledge.
The righteous one, my servant, shall make many righteous,
and he shall bear their iniquities.
Therefore I will allot him a portion with the great,
and he shall divide the spoil with the strong;
because he poured out himself to death,
and was numbered with the transgressors;
yet he bore the sin of many,
and made intercession for the transgressors.

Isaiah 53. 4-end

This is the word of the Lord.

Thanks be to God.

Psalm

§ Said together at 8.00am and 9.00am. Sung by the Choir at 11.00am.

Because thou hast said, The Lord is my refuge:
and hast made the Most High thy stronghold,

**There shall no evil happen unto thee:
neither shall any plague come nigh thy dwelling.**

For he shall give his angels charge over thee:
to keep thee in all thy ways.

**They shall bear thee in their hands:
that thou hurt not thy foot against a stone.**

Thou shalt tread upon the asp and the adder:
the viper and the serpent shalt thou trample under thy feet.

**Because he hath set his love upon me, therefore will I deliver him:
I will set him up because he hath known my Name.**

He shall call upon me and I will hear him:
yea I am with him in trouble, I will deliver him and bring him to honour.

**With long life will I satisfy him:
and give him freely of my saving help.**

Psalm 91. 9-end

The Second Reading

A reading from the letter to the Hebrews.

Every high priest chosen from among mortals is put in charge of things pertaining to God on their behalf, to offer gifts and sacrifices for sins. He is able to deal gently with the ignorant and wayward, since he himself is subject to weakness; and because of this he must offer sacrifice for his own sins as well as for those of the people. And one does not presume to take this honour, but takes it only when called by God, just as Aaron was.

So also Christ did not glorify himself in becoming a high priest, but was appointed by the one who said to him,

‘You are my Son,
today I have begotten you’;
as he says also in another place,
‘You are a priest for ever,
according to the order of Melchizedek.’

In the days of his flesh, Jesus offered up prayers and supplications, with loud cries and tears, to the one who was able to save him from death, and he was heard because of his reverent submission. Although he was a Son, he learned obedience through what he suffered; and having been made perfect, he became the source of eternal salvation for all who obey him, having been designated by God a high priest according to the order of Melchizedek.

Hebrews 5. 1-10

This is the word of the Lord.

Thanks be to God.

The Gospel

Listen to the Gospel of Christ according to St Mark.

Glory to you, O Lord.

James and John, the sons of Zebedee, came forward to him and said to him, ‘Teacher, we want you to do for us whatever we ask of you.’ And he said to them, ‘What is it you want me to do for you?’ And they said to him, ‘Grant us to sit, one at your right hand and one at your left, in your glory.’ But Jesus said to them, ‘You do not know what you are asking. Are you able to drink the cup that I drink, or be baptized with the baptism that I am baptized with?’ They replied, ‘We are able.’ Then Jesus said to them, ‘The cup that I drink you will drink; and with the baptism with which I am baptized, you will be baptized; but to sit at my right hand or at my left is not mine to grant, but it is for those for whom it has been prepared.’

When the ten heard this, they began to be angry with James and John. So Jesus called them and said to them, ‘You know that among the Gentiles those whom they recognize as their rulers lord it over them, and their great ones are tyrants over them. But it is not so among you; but whoever wishes to become great among you must be your servant, and whoever wishes to be first among you must be slave of all. For the Son of Man came not to be served but to serve, and to give his life a ransom for many.’

Mark 10. 35-45

This is the Gospel of the Lord.

Praise to you, O Christ.

WEEKLY NOTICES

School references - if you would like to request a church reference for your child's application to Bishop of Llandaff High School, please send your request to Canon Jan, with an outline of your own and your child's involvement at the Cathedral over the last 5 years. This information will be helpful alongside our own Sunday School attendance records. You can email Canon Jan at chancellor@llandaffcathedral.org.uk

Cathedral Shop—The shop is now stocking Christmas items, including cards and Advent Calendars with lots more to come. Our calendars include a Chocolate Advent Calendar from the Meaningful Chocolate Company, a fairtrade supplier, complete with activity book for children. We also have some pop-up Advent Calendars—check them out!

“My Family’s Eco-Journey”—We are excited to launch a new environmental initiative for our Sunday School Families as part of our desire to cultivate a culture of caring for God’s Earth at the Cathedral. This is a joint family effort, so you only need one ‘My Family’s Eco Journey’ booklet per family. Inside you will find sustainability challenges, and you will progress from an easy start (Turtle level) through to the most challenging Cheetah level. When you complete a level, bring your booklet to Sunday School to get a stamp. We hope that families will find the journey inspiring and fun!

Friends of Llandaff Cathedral—The Friends’ Autumn Tea will take place in Howells School at 2.00pm on Saturday 16th November. Bookings can be made at £18 for members and £20 for visitors. Please pay direct to Friends of Llandaff Cathedral at Lloyds Bank, Sort Code 30-96-26, Account No. 77226268 or send a cheque with name and phone number to David-Lloyd Jones, c/o 47 Cefn Road, Bridgend CF32 0BA. Please email David-Lloyd to send details of any dietary requirements at davidlloyd.jones@btinternet.com

Mothers Union—All are welcome to come along to the Parish Hall at 2pm on Monday 21st October and hear the visiting speaker, Victoria Ashley, Diocesan Rural Affairs Officer.

Christian Aid—The Disasters Emergency Committee (DEC) has launched the Middle East Humanitarian Appeal, combining the efforts of 15 of its members, including Christian Aid to raise funds. You can find out more at www.christianaid.org.uk

2024 Harvest Appeal for Cardiff Foodbank—A big Thank You to everyone who contributed to our Harvest Appeal on 6th October. The collection point was full to overflowing, and we fully filled the 6 large containers which arrived on Monday to collect our offerings. Thank you too for cash donations made on line or by cheque; all donations are equally valued by the charity. **And it’s not too late!** If you couldn’t contribute last week, the Collection Point for food is always there, and you can contribute via the QR codes in the Cathedral, or on line or by post (see the Charities Table or the Foodbank website). Sadly, there is a continuing and growing national need for foodbanks, so thank you again for your generous support to their work.

Churchyard Champion—Could this be your way of serving the Cathedral? We are looking for someone to love the churchyard and care for it. The grass is cut every 4 weeks by a contractor, but everything else relies on volunteers. This includes weeding the two gardens of remembrance, trimming the new hedge, caring for the butterfly garden and the bug cathedral, clearing leaves and fallen branches, and so on. The Churchyard Champion will coordinate the volunteer team who currently meet on Saturday mornings (but this could change). Please contact Canon Jan if you might be interested.

Join us as we journey towards an EcoChurch Silver award... Llandaff Cathedral received the Bronze award in 2020. We are eager to proceed to the next level. Each week we will update you on the progress we are making and highlighting ways that you can join with us to care for God’s creation. St. David said ‘*Be joyful, keep the faith, and do the little things...*’. A little thing you can do this week:

International E-Waste Day! 14th October (Join the e-waste hunt!) —Do you have unused electronics stored in your home? Many of these items contain valuable materials that could gain a new life. E-waste includes anything with a plug, cable, or battery, but the most often 'forgotten' items are small electronics: old mobile phones, cables, USB keys, card readers, game consoles, and other devices that are often kept out of sight in drawers. According to the latest UN's Global E-Waste Monitor, in 2022, 62 billion kg of e-waste were generated globally. This means 1.55 million trucks filled with e-waste lined up along the Earth's equator. The quantity of e-waste is expected to rise to 82 billion kg by 2030. To learn more: <https://weee-forum.org/iewd-about/>

Prayers for the sick – Prayer intentions for the sick: this list is now based on the requests sent in via this form: <https://llandaffcathedral.churchsuite.com/forms/wy58qy6m> which is also available on paper from the Cathedral office. Each name remains on the list for 8 weeks and this time can be extended by re-submitting the form or emailing the Office.

Asking for a blessing instead of receiving the bread and wine? If you have been baptised/ christened in any church, you are welcome to receive Holy Communion at the Cathedral. If you are not baptised and/or confirmed, do get in touch if you are interested in thinking about this. You might like to try our course 'Explore the Faith' which is suitable for those enquiring about the faith, as a refresher, or as a preparation for confirmation. Contact Canon Jan to find out more.

Opportunities for musical children – Majestas Kids, our music group for children aged 6-13 has now re-started for the new academic year. Rachel Kilby, our Music Animateur, inspires children to explore their musical talents through games, singing and work with instruments. Majestas Kids meets from 10-11am on Saturdays in term time and we look forward to them performing at various Cathedral events this year. If you'd like more information, or would like to sign your child(ren) up to join, please contact our Rachel at rachelkilby@llandaffcathedral.org.uk

Majestas Youth Choir, a choir for children aged 13-18 met for the first time ever last weekend. The choir rehearse on a sessional basis, and will sing for services in the cathedral. This is a great opportunity for children with a passion for music and singing to perform in a profession context in the beautiful setting of worship in our Cathedral.

If you would like more information about **Majestas Youth Choir**, or about any other events happening in the music department, please email us at music@llandaffcathedral.org.uk

The 'Anniversary of Death' List – If your loved one's funeral was held at the Cathedral, and/or their ashes are interred in our Garden of Remembrance, their name can be included in the prayers on the anniversary of their death, and/or in the Book of Remembrance, by request from next of kin using this form: <https://llandaffcathedral.online/remembrance-form>

Join the Friends of Llandaff Cathedral – The Friends are an independent charity founded to provide invaluable support to the Cathedral's life; its fabric, music and heritage.

Information about projects and membership can be found at www.llandaffcathedral.org.uk/friends

*The deadline for submissions for the Weekly Notes is 9am on Thursday each week.
Please send any notices to admin@llandaffcathedral.org.uk*

THE WEEKLY PRAYER INTENTIONS

Those who are currently sick and have asked for prayer:

Carolyn Jenkins, Huw James, Danielle Camilleri, Charles & Alison Lewis, Octavia Allen-Davies, Peter Webber, Philip Morris, Michael Grensted

Those for whom we wish to pray, including those who are housebound and those whose need for prayer is long-term, among them:

Beryl Baldwin, Sid Baldwin, Megan Pugh, Bettie Williams

Those who have died recently: Canon Derek Belcher, Tom Aubrey

Those whose anniversary of death falls this week:

20th October William Albert Chamberlain, Emmanuelle Marie Renée Westacott

21st October Evan William Meurig Williams

22nd October Gladys Margaret Thomas

23rd October Olwen Curtis, Joy Gambold

24th October Margaret Olwen Gill, Nick James

25th October Doris Eileen Bell, John Worthington Poole Hughes (Bishop),
Marian Alice Williams

26th October Arnold Lewis, Dorothy Lorna Williams

The Cycle of Prayer for this week in the Anglican Communion, this Diocese and in the Cathedral Community:

Sunday The Anglican Church of Rwanda | Ministry Area of De Morgannwg
Friends of Llandaff Cathedral

Monday The Diocese of Kansas (The Episcopal Church) | Penarth Ministry Area
Sunday School Leaders

Tuesday The Diocese of Western Kansas (The Episcopal Church) | Ystradyfodwg Deanery
Mothers' Union

Wednesday The Diocese of Kanyakumari (South India) | Ministry Area of Cynon Valley South
Guild of St Teilo

Thursday The Diocese of Kapsabet (Kenya) | Cynon Uchaf Ministry Area
Christian Aid team

Friday The Diocese of Karachi (Pakistan) | Bridgend Deanery
'Grace' homeless café at St John's

Saturday The Diocese of Karamoja (Uganda) | Llynfi & Upper Afan Valleys Ministry Area
Charities we support, including: Christian Aid, Embrace the Middle East, 1familyCardiff

SERVICES THIS WEEK

Monday 21 October	8.00am 5.30pm	Morning Prayer and Eucharist Evening Prayer
Tuesday 22 October	8.00am 9.30am 5.30pm	Morning Prayer and Eucharist Holy Eucharist Evening Prayer
Wednesday 23 October <i>James of Jerusalem</i>	8.00am 5.30pm	Morning Prayer and Eucharist Evening Prayer
Thursday 24 October	8.00am 9.30am 5.30pm	Morning Prayer and Eucharist Cymun Bendigaid Evening Prayer
Friday 25 October <i>Lewis Bayly</i>	8.00am 5.30pm	Morning Prayer and Eucharist Evening Prayer
Saturday 26 October <i>Alfred (the Great)</i>	8.00am 5.30pm	Morning Prayer and Eucharist Choral Evensong
Sunday 27 October <i>The Last Sunday after Trinity</i> <i>Bible Sunday</i>	8.00am 9.00am 11.00am 4.00pm 5.30pm	Holy Eucharist [1984] Holy Eucharist [2004] Choral Eucharist Choral Evensong Service of Light

The Dean

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