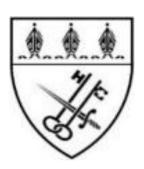


THE HOLY EUCHARIST

Sunday 30th June 2024 9.00am

The Fifth Sunday After Trinity



CROESO | WELCOME

We're delighted to welcome you to this service at your cathedral, which has been a site of Christian worship for over 1,500 years.

If you are joining us for the first time, please introduce yourself to a member of clergy, who will be happy to tell you more about worship in this place.

We are a Christian community, followers of Jesus.

We are an inclusive community, whatever your faith, or none, you are very welcome.

The cathedral is a place for everyone.

We hope that you will join us for refreshments following the service.

Everything you need to follow the service is in this booklet. Please join in the singing of the hymns, as well as the text printed in **Bold**.

The rubrics in this service indicating when to stand and sit are suggestions only.

Please follow them as you are able.

If you are more comfortable remaining seated throughout the service, please do so.

DONATE

A collection is taken during this service. If you are a UK tax payer, please consider using the Gift-Aid envelopes, as this enables us to claim an extra 25% on each donation. You can also donate by using the contactless giving devices located around the building, or via Text as follows:

To donate £5 text LLANDAFF to 70970
To donate £10 text LLANDAFF to 70191
Texts will be charged at your usual network rate.
For all Terms and Conditions, please visit www.easydonate.org

You can also donate by scanning the QR code:





The Cathedral is served by a hearing loop. Users should turn their hearing aid to the setting marked T.

Printed versions of this service sheet are available.

Please ask a steward for a copy. Large print versions are also available.

Please ensure that all electronic devices are set to silent mode. We kindly request that you do not take photographs, or video or sound recording in the cathedral at any time during the service.

ORDER OF SERVICE

Notices are read from the Lectern before the service begins. Please stand as the Procession enters to sing:

THE ENTRANCE HYMN



All

1 Morning has broken like the first morning, blackbird has spoken like the first bird.

Praise for the singing!

Praise for the morning!

Praise for them, springing fresh from the Word!

2 Sweet the rain's new fall sunlit from heaven, like the first dewfall on the first grass. Praise for the sweetness of the wet garden, sprung in completeness where God's feet pass.

3 Mine is the sunlight! Mine is the morning born of the one light Eden saw play! Praise with elation, praise every morning, God's recreation of the new day!

Words: Eleanor Farjeon (1881-1956)

Music: BUNESSAN

Old Gaelic Melody

Harmony by Christopher Dearnley (1930-2000)

WE GATHER IN THE LORD'S NAME

Priest In the name of the Father, and of the

Son and of the Holy Spirit.

All Amen.

ΑII

Grace and peace be with you

and keep you in the

love of Christ.

Yn enw'r Tad, a'r Mab, a'r Ysbryd Glân.

Amen.

Gras a thangnefedd a fo gyda chwi

a'th gadw di yng nghariad Crist.

Father of glory, holy and eternal, look upon us now in power and mercy. May your strength overcome our weakness, your radiance transform our blindness, and your Spirit draw us to that love shown and offered to us by your Son, our Saviour Jesus Christ. Amen.

WE SAY SORRY TO GOD

We remember the things that separate us from God, and we ask his forgiveness.

Priest God our Father, we come to you in sorrow for all that we have done wrong.

A short time of silence for reflection follows.

We sing:



Music: The Mass of St Thomas David Thorne (b. 1950)

Let us confess our sins to God, our Father:

Priest Heavenly Father, we have sinned in thought, word and deed, and have failed to do what we ought to have done. We are sorry and truly repent. For the sake of your Son Jesus Christ who died for us, forgive us all that is past and lead us in his way to walk as children of light. Amen.

May almighty God, who sent his Son into the world to save sinners, bring you his pardon

and peace, now and for ever. Amen.



The priest prays the Collect, the special prayer for today:

Almighty and everlasting God, by whose Spirit the whole body of the Church is governed and sanctified: hear our prayer which we offer for all your faithful people, that in their vocation and ministry they may serve you in holiness and truth to the glory of your name; through our Lord and Saviour Jesus Christ, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

All Amen.

Please sit.

WE PROCLAIM THE WORD OF GOD

Reader A reading from the second letter of St Paul to the Corinthians

You are rich in everything—in faith, in speaking, in knowledge, in truly wanting to help, and in the love you learned from us. And so we want you to be rich also in this gift of giving.

I am not commanding you to give. But I want to see if your love is true love. I do this by showing you that others really want to help. You know the grace of our Lord Jesus Christ. You know that Christ was rich, but for you he became poor. Christ did this so that by his being poor you might become rich.

This is what I think you should do: Last year you were the first to want to give. And you were the first who gave. So now finish the work that you started. Then your "doing" will be equal to your "wanting to do." Give from what you have. If you want to give, your gift will be accepted. Your gift will be judged by what you have, not by what you do not have. We do not want you to have troubles while other people are at ease. We want everything to be equal. At this time you have plenty. What you have can help others who are in need. Then later, when they have plenty, they can help you when you are in need. Then all will be equal. As it is written in the Scriptures, "The person who gathered more did not have too much. The person who gathered less did not have too little."

2 Corinthians 8.7-15

This is the word of the Lord.

All Thanks be to God.

I will exalt you, O Lord, because you have raised me up and have not let my foes triumph over me.

O Lord my God, I cried out to you and you have healed me.

You brought me up, O Lord, from the dead; you restored me to life from among those that go down to the Pit.

All Sing to the Lord, you servants of his; give thanks to his holy name.

For his wrath endures but the twinkling of an eye, his favour for a lifetime. Heaviness may endure for a night, but joy comes in the morning.

In my prosperity I said, 'I shall never be moved. You, Lord, of your goodness, have made my hill so strong.'

Then you hid your face from me • and I was utterly dismayed.

To you, O Lord, I cried; to the Lord I made my supplication:

'What profit is there in my blood, if I go down to the Pit? Will the dust praise you or declare your faithfulness?

'Hear, O Lord, and have mercy upon me; O Lord, be my helper.'

You have turned my mourning into dancing; you have put off my sackcloth and girded me with gladness;

Therefore my heart sings to you without ceasing; O Lord my God, I will give you thanks for ever.

Psalm 30

Please stand. As the Gospel is taken into the Nave, we sing:



Priest The Lord be with you.

All And also with you

Priest Listen to the Gospel of Christ according to Saint Mark.

All Glory to you, O Lord.

When Jesus had crossed again in the boat to the other side, a great crowd gathered round him; and he was by the lake. Then one of the leaders of the synagogue named Jairus came and, when he saw him, fell at his feet and begged him repeatedly, 'My little daughter is at the point of death. Come and lay your hands on her, so that she may be made well, and live.' So he went with him.

And a large crowd followed him and pressed in on him. Now there was a woman who had been suffering from haemorrhages for twelve years. She had endured much under many physicians, and had spent all that she had; and she was no better, but rather grew worse. She had heard about Jesus, and came up behind him in the crowd and touched his cloak, for she said, 'If I but touch his clothes, I will be made well.' Immediately her haemorrhage stopped; and she felt in her body that she was healed of her disease. Immediately aware that power had gone forth from him, Jesus turned about in the crowd and said, 'Who touched my clothes?' And his disciples said to him, 'You see the crowd pressing in on you; how can you say, "Who touched me?" 'He looked all round to see who had done it. But the woman, knowing what had happened to her, came in fear and trembling, fell down before him, and told him the whole truth. He said to her, 'Daughter, your faith has made you well; go in peace, and be healed of your disease.'

While he was still speaking, some people came from the leader's house to say, 'Your daughter is dead. Why trouble the teacher any further?' But overhearing what they said, Jesus said to the leader of the synagogue, 'Do not fear, only believe.' He allowed no one to follow him except Peter, James, and John, the brother of James. When they came to the house of the leader of the synagogue, he saw a commotion, people weeping and wailing loudly. When he had entered, he said to them, 'Why do you make a commotion and weep? The child is not dead but sleeping.' And they laughed at him. Then he put them all outside, and took the child's father and mother and those who were with him, and went in where the child was. He took her by the hand and said to her, 'Talitha cum', which means, 'Little girl, get up!' And immediately the girl got up and began to walk about (she was twelve years of age). At this they were overcome with amazement. He strictly ordered them that no one should know this, and told them to give her something to eat.

Mark 5.21-end

This is the Gospel of the Lord.

Praise to you, O Christ.

We sing:

ΑII

Alleluia, alleluia, alleluia.

THE HOMILY

Please sit.

We stand to declare what we believe as Christians:

All I believe and trust in God the Father, who created all that is.

I believe and trust in his Son Jesus Christ, who redeemed humankind.

I believe and trust in his Holy Spirit, who gives life to the people of God.

I believe and trust in one God, Father, Son and Holy Spirit.
Amen.

Yr wyf yn credu ac yn ymddiried yn Nuw Dad, a greodd bopeth sydd.

Yr wyf yn credu ac yn ymddiried yn ei Fab Iesu Grist, a brynodd ddynolryw.

Yr wyf yn credu ac yn ymddiried yn ei Ysbryd Glân, sy'n rhoi bywyd i bobl Dduw.

Yr wyf yn credu ac yn ymddiried yn un Duw, Dad, Mab ac Ysbryd Glân. Amen.

WE PRAY WITH THE CHURCH

We sit or kneel for the prayers. Each prayer may end with:

Lord, in your mercy, hear our prayer.

Arglwydd, yn dy drugaredd gwrando ein gweddi.

The prayers finish with:

ΑII

All

Merciful Father,

All accept these prayers for the sake of your Son, our Saviour Jesus Christ. Amen.

Dad trugarog,

derbyn y gweddïau hyn er mwyn dy Fab ein Gwaredwr Iesu Grist. Amen.

THE PEACE

We stand and acknowledge each other's presence.

Christ is our peace. He has reconciled us to God in one body on the cross. We meet in his name and share his peace.

The peace of the Lord be with you always.

And also with you.

Tangnefedd yr Arglwydd a fo gyda chwi bob amser.

A hefyd gyda thi.

Let us offer one another a sign of peace.

The congregation share a sign of peace with one another.

During the singing of the hymn, a collection will be taken for the ministry and mission of the Cathedral.



- All
 1. Take my life, and let it be
 Consecrated, Lord, to thee;
 Take my moments and my days,
 Let them flow in ceaseless praise.
 - 2. Take my hands, and let them move At the impulse of thy love; Take my feet, and let them be Swift and beautiful for thee.
 - 3. Take my voice, and let me sing Always, only, for my King; Take my lips, and let them be Filled with messages from thee.
 - 4. Take my silver and my gold, Not a mite would I withhold; Take my intellect, and use Every power as thou shalt choose.
 - 5. Take my will, and make it thine; It shall be no longer mine; Take my heart-it is thine own; It shall be thy royal throne.
 - 6. Take my love; my Lord, I pour At thy feet its treasure-store; Take myself, and I will be Ever, only, all for thee.

Words: Frances R Havergal (1836-79)

Music: NOTTINGHAM 77 77 Wenzel Müller (1747-1835)

WE OFFER THANKSGIVING

Priest With this bread that we bring,

All We shall remember Jesus.

With this wine that we bring,

All We shall remember Jesus.

Bread for his body, wine for his blood

All Gifts from God to his table we bring

The Lord be with you.

All And also with you.

Lift up your hearts.

All We lift them to the Lord.

Let us give thanks to the Lord our God.

All It is right to give our thanks and praise.

It is always right, wherever we are, to thank you and to praise you, God our Father and King for ever, through Jesus Christ, your Son.

Through him you made us and the whole universe. When your Holy Spirit came to Mary, Jesus was born as one of us. He loved us so much that he died for us; on the first Easter Day you raised him to life; and death and evil were conquered for ever. At Pentecost, you gave the Holy Spirit, as Jesus promised, to help us to live as your children.

So here on earth, with the angels and archangels and with everyone in heaven we praise your name and sing:

We sing:



Father in heaven, listen to the prayer we make in Jesus' name; through the Holy Spirit's power, gentle as a dove, may this bread and this wine be for us Jesus' body and blood.

Father, we remember when Jesus had supper with his friends the night before he died, he took the bread; he thanked you, broke it, gave it to his friends and said:

'Take this and eat it – this is my body, given for you. Do this to remember me.'

After supper, Jesus took the cup of wine; he thanked you, gave it to his friends and said:

'All of you drink from this cup – because this is my blood – the new promise of God's love:

Do this every time you drink it to remember me.'

Together we remember that Jesus is always with us and say:

All Christ has died. Christ is risen. Christ will come in glory.

Father, as we remember your Son, Jesus Christ, who died on the cross and rose again, we offer you these and all the gifts you freely give to us.

Send your Holy Spirit to be with us and all who share this bread and drink from this cup. Help us to trust you, bring us closer together and welcome us, with all your people, into Jesus' glorious kingdom.

All honour and glory belong to you, Father, through Jesus, your Son, with the Holy Spirit: one God, for ever and ever.

All Amen.

Please sit or kneel.

Let us pray with confidence to the Father:

All Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil.

For thine is the kingdom, the power, and the glory for ever and ever. Amen.

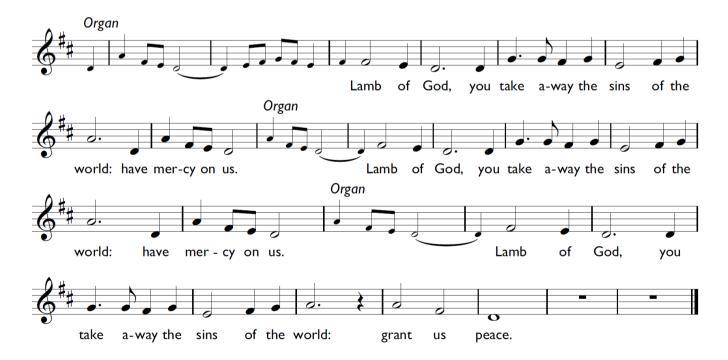
We Share The Gifts

The priest breaks the bread:

We break this bread to share in the body of Christ.

Though we are many, we are one body for we all share in one bread.

We sing:



Jesus is the Lamb of God who takes away the sins of the world. Happy are those who are called to his supper.

Lord, I am not worthy to receive you, but only say the word and I shall be healed.

Those who wish to can come forward to receive communion or a blessing. The sacrament is administered with these words:

The body of Christ. **Amen.** The blood of Christ. **Amen.**

Once all have received, please stand to sing:



All Amazing grace! How sweet the sound that saved a wretch like me.
I once was lost, but now I'm found; was blind, but now I see.

'Twas grace that taught my heart to fear, and grace my fears relieved.

How precious did that grace appear the hour I first believed.

Through many dangers, toils and snares I have already come.
'Tis grace that brought me safe thus far, and grace will lead me home.

The Lord has promised good to me, his word my hope secures; he will my shield and portion be as long as life endures.

When we've been there a thousand years, bright shining as the sun, we've no less days to sing God's praise than when we first begun.

Words: John Newton (1725-1807) and John Rees (1828-1900)

Music: AMAZING GRACE Scottish Traditional Melody

WE GO IN GOD'S STRENGTH

Give thanks to the Lord for he is gracious:

All his love is everlasting.

God of truth, we have seen with our eyes and touched with our hands the bread of life. Strengthen our faith that we may grow in love for you and for each other, through Jesus Christ, our risen Lord. Amen.

Amen.

The peace of God which is beyond all understanding guard your hearts in the knowledge and love of God and of his Son Jesus Christ;

And the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always.

A ▶ bendith Duw hollalluog, y Tad, y Mab, a'r Ysbryd Glân a fo yn eich plith ac a drigo gyda chwi yn wastad.

All Amen.

Go in peace to love and serve the Lord.

All In the name of Christ. Amen.

The congregation remains standing as the Procession leaves the Cathedral.

WEEKLY NOTICES

Llandaff Cathedral Festival – The Llandaff Cathedral Festival is finally here! Visit www.llandaffcathedralfestival.org to explore all the exciting events happening between 3rd and 7th July. Tickets are available in the Cathedral Shop and online. Details on how to support the Festival by becoming a member are on the website or email oliviamoore@llandaffcathedral.org.uk for more details.

Join us as we journey towards an EcoChurch Silver award...

Llandaff Cathedral received the Bronze award in 2020. We are eager to proceed to the next level. Each week we will update you on the progress we are making and highlighting ways that you can join with us to care for God's creation. St. David said 'Be joyful, keep the faith, and do the little things...'. A little thing you can do this week:

Plastic Free July!

Plastic Free July is a global movement that helps millions of people be part of the solution to plastic pollution — so we can have cleaner streets, oceans, and beautiful communities. Try to reduce how much plastic you buy during the month of July. Make a concerted effort to buy loose fruit and vegetables and plastic free versions of things you would normally buy. Find out more here: https://greenecofriend.co.uk/plastic-free-july/

Mothers' Union – Our next meeting will be an Afternoon Tea in the Parish Hall at 2pm on Monday 1st July. We are also pleased to welcome our speaker, Rev. Stephen Adams, who is Chaplain to the Senedd; A very interesting afternoon ahead. This is our last meeting until September so lets hope we can enjoy some more summer weather.

Looking for Teacher Gifts? Check out our boxes of shortbread and fudge in the Cathedral shop! The Shop is open on Sunday after the 9am service.

Prayers for the sick – Prayer intentions for the sick: this list is now based on the requests sent in via this form: https://llandaffcathedral.churchsuite.com/forms/wy58qy6m which is also available on paper from the Cathedral office. Each name remains on the list for 8 weeks and this time can be extended by re-submitting the form or emailing the Office.

Asking for a blessing instead of receiving the bread and wine? If you have been baptised/christened in any church, you are welcome to receive Holy Communion at the Cathedral. If you are not baptised and/or confirmed, do get in touch if you are interested in thinking about this. You might like to try our course 'Explore the Faith' which is suitable for those enquiring about the faith, as a refresher, or as a preparation for confirmation. Contact Canon lan to find out more.

Majestas Kids Choir – Our choir for children ages 7-11 rehearses at 10am every Saturday during term time in the Cathedral. If you'd like more information, or would like to sign your child(ren) up to join, please contact our Animateur Rachel Kilby at rachelkilby@llandaffcathedral.org.uk

The 'Anniversary of Death' List – If your loved one's funeral was held at the Cathedral, and/or their ashes are interred in our Garden of Remembrance, their name can be included in the prayers on the anniversary of their death, and/or in the Book of Remembrance, by request from next of kin using this form: https://llandaffcathedral.online/remembrance-form

Join the Friends of Llandaff Cathedral – The Friends are an independent charity founded to provide invaluable support to the Cathedral's life; its fabric, music and heritage. Information about projects and membership can be found at www.llandaffcathedral.org.uk/friends

The deadline for submissions for the Weekly Notes is 9am on Thursday each week.

Please send any notices to admin@llandaffcathedral.org.uk

THE WEEKLY PRAYER INTENTIONS

Those who are currently sick and have asked for prayer:

Carolyn Jenkins, Huw James, Danielle Camilleri, Charles & Alison Lewis, Octavia Allen-Davies, Peter Webber, Tim Egan, Rev'd Barry Thomas

Long-term Sick or in Residential Care: Beryl Baldwin, Sid Baldwin, Megan Pugh, Bettie Williams

Those who have died recently:

Those whose anniversary of death falls this week:

30th June John Glyn Stephens, Katherine Rebecca Dodd, Peggy Meurig Williams

1st July David James Hodges

2nd July Bernard Light

3rd July George Frederick Smedley

4th July Gillian Mary John, Dorothy Florence Amy Jones

5th July Mary Olive Goodenough, Roger Edward Young (Priest), Basil Roberts

6th July Timothy David Waters, Denis Russell Townsend, Keith Howard Blount Sully,

Jean Margaret Gwyer

The Cycle of Prayer for this week in the Anglican Communion, this Diocese and in the Cathedral Community:

Sunday: The Church in Hong Kong | Newton Nottage, Porthcawl |

Llandaff Cathedral Festival

Monday: The Diocese of Gogrial (South Sudan) | Llandaff Archdeaconry |

Altar Servers

Tuesday: The Diocese of Goma (The Congo) | Ministry Area of Roath & Cathays |

Welcomers, Guides

Wednesday: The Diocese of Gombe (Nigeria) | Ministry Area of South Cardiff |

Eucharistic Assistants

Thursday: The Diocese of Good Shepherd (Angola) | Ministry Area of West Cardiff |

Flower Guild

Friday: The Diocese of Grafton (Australia) | Ministry Area of North Cardiff |

Bellringers

Saturday: The Diocese of Grahamstown (Southern Africa) | Taff Wenallt Ministry Area |

Guild of Stewards. Parish Stewards

SERVICES THIS WEEK

Monday 1 st July	8.00am 5.30pm	Morning Prayer and Eucharist Choral Evensong
Tuesday 2 nd July	8.00am 9.30am 5.30pm	Morning Prayer and Eucharist Holy Eucharist Choral Evensong
Wednesday 3 rd July	8.00am 5.30pm	Morning Prayer and Eucharist Choral Evensong
Thursday 4 th July	8.00am 9.30am 5.30pm	Morning Prayer and Eucharist Cymun Bendigaid Choral Evensong
Friday 5 th July	8.00am 5.30pm	Morning Prayer and Eucharist Choral Evensong
Saturday 6 th July	8.00am 5.30pm	Morning Prayer and Eucharist Evening Prayer
Sunday 7 th July	9.00am	Holy Eucharist [1984] Holy Eucharist Choral Eucharist Choral Evensong with Valedictic









Scan for E - News Letter



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